



21<sup>st</sup> February 2020

Dear Parent/Guardian,

## Year 11 Pastoral Day

**Date:** Wednesday, 18<sup>th</sup> March 2020  
**Venue:** Xavier Catholic College. Girls in M1 & M2. Boys in Chapel  
**Time:** Normal school hours  
**Uniform:** College uniform including hat  
**Food:** Bring own recess and lunch.  
**Cost:** NIL

As part of the Xavier Catholic College Pastoral Care program, all Year 11 students will take part in a range of activities led by professional guest speakers David and Katie Kobler from *Your Choicez* and some of their pastoral care teachers.

The **Year 11 Boys Pastoral** program has been designed to educate the students about issues such as;

- What is it to be a man?
- Strategies for building a positive sense of manhood
- Tools to entering manhood and leaving boyhood behind
- Developing positive and healthy relationships
- Relationships and sexual decision making from a Christian perspective (i.e. developing relationship skills and the importance of marriage)
- The science behind pornography
- 4 key issues that many men are facing; identity, purpose, self-control, sex drive
- The impact of media and marketing
- The value and dignity of the human person
- Models of manhood - becoming the man you really want to be
- How to deal with the pressure of sexting

The **Year 11 Girls Pastoral** program has been designed to educate the students about issues such as;

- How to deal with the pressures that come from living in a hyper sexualised society and finding a strong sense of personal value and worth despite the pressure
- Defining and understanding True love
- What does a truly loving relationship really look like?
- Relationships and sexual decision making from a Christian perspective (i.e. developing relationship skills and the importance of marriage)
- Keys to developing healthy relationship skills
- Gaining an understanding of the value and dignity of the human person
- The pressures that girls can face on a day to day basis and how to deal with them
- The impact of media and marketing
- How to deal with the pressure of sexting

In addition, you are invited to a parent information night, 'Raising Teens in a hypersexualised society.' This will take place in the M1 and M2 classrooms (below the Magis Centre) at 6pm Wednesday, 18<sup>th</sup> March 2020.

If you have any questions regarding the Year 11 Pastoral day, please contact me at the College.

Yours sincerely

Mrs Rebecca Kennedy  
Incursion Organiser  
Head of MacKillop House